



Client Welcome Information



Supreme Dental Concepts

“Creating The Perfect Smile For You”

*Welcome to
Tennyson Dental Centre*



Enclosed

- Location map of Tennyson Dental Centre.
- Treatment plans & Setting the Standard.
- Dentists Available.
- Hygiene Department.

**For more information
please visit our web sites:**

**www.supremedental.co.nz
www.whitening.co.nz**

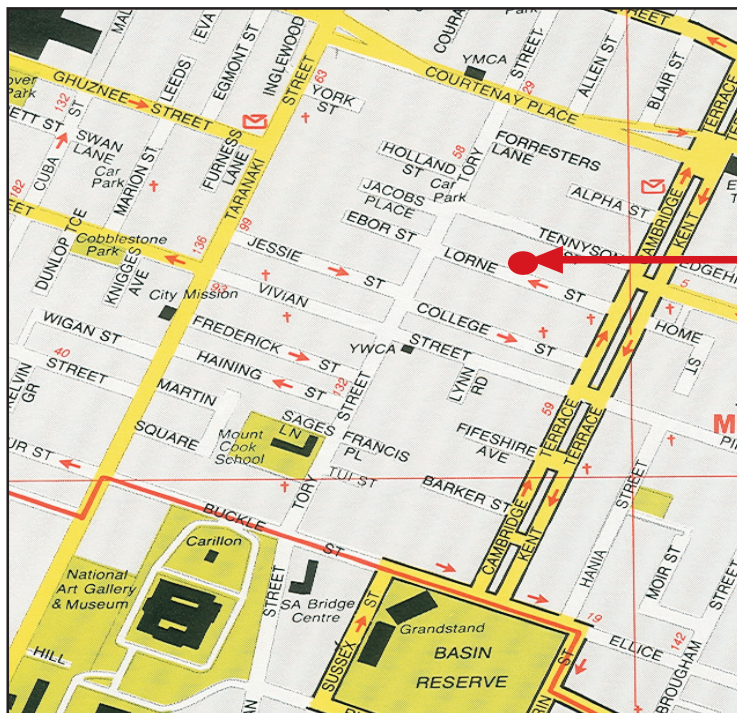
Tennyson
DENTAL CENTRE
"Creating the perfect smile for you"

32 Lorne Street, Te Aro, Wellington
Telephone: 0-4-801 6228 Facsimile: 0-4-385 3846
Email: info@tennysondental.co.nz
Website: www.supremedental.co.nz



Client Welcome Pack

Location



We are
located here

HOURS

Monday	8.30am to 5.15pm
Tuesday	8.30am to 7.00pm
Wednesday	8.30am to 5.15pm
Thursday	8.30am to 5.00pm
Friday	8.30am to 4.00pm
Saturday	9.15am to 3.00pm

For more information visit our web site www.supremedental.co.nz

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Treatment Plans

DRM Treatment Plan

DRM-(Dental Road Map). We will provide you with a detailed treatment plan which will give you the opportunity to achieve your ambition to have better teeth. The treatment plan will be presented in manageable treatment stages. For more information visit our web site www.tennysondental.co.nz/1024/success.htm

Routine Dentistry

Your dental examination will be extensive with a brief outline of your options and printed information presented to you. This examination will include parts of your DRM. Should you wish to proceed with your treatment plan, your dentist will discuss your available options further.

Setting the Standard

Tooth Whitening

Tooth whitening will set the level to which the rest of your treatment will be based in the future. Crowns, bridges, white composite fillings and even partial dentures are matched to the shade of your existing teeth.

Set the level now before it is too late to change. We have a wide range of whitening options available to suit your particular needs.

For more information visit our web site:

www.whitening.co.nz



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Teeth Straightening



Invisalign

Invisalign is a new way to straighten teeth. The invisalign system uses clear aligners to slowly move teeth into the appropriate place, without the need for conventional braces!

Each invisalign case is individual. Because of this, your initial invisalign consultation is free.

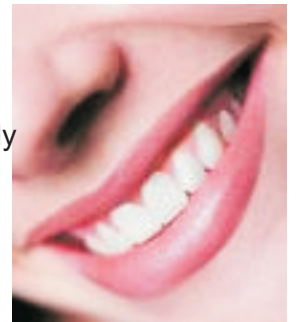
Contact our friendly reception for you opportunity to gain straight teeth.

For more information: www.invisalign.com.au

A Beautiful You

Supreme Dental Concepts are members of the New Zealand Academy of Cosmetic Dentistry, with Dr Navin Vithal the companies CEO, being a foundation member of the Academy.

As well as endeavouring to resolve all dental health issue's Supreme Dental Concepts also takes pride in its cosmetic restorations. Not only providing teeth whitening and teeth straightening using the latest technologies, we also provide treatments such as crowns, implants and bridges. These restorations not only provide health benefits but also use the latest technology to provide you, our patient, with the best aesthetics.



To find out more about your options please call our friendly reception staff for an appointment.

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Dentists Available



Dr Navin Vithal

BSc(Hons) Victoria University 1979, BDS. Otago University 1984

Navin was born and educated in Wellington, graduating from Victoria University with Honours in Biochemistry before completing dentistry in Otago in 1984. He spent time overseas working in a large practice with specialists before returning to New Zealand in 1987. He established the Hutt Dental Centre in 1990 and in 1996 established Tennyson Dental Centre. 2006 Supreme Dental Concepts

Navin is a regular attendee at courses, loves dentistry and has a particular passion for cosmetic dentistry. He finds it very satisfying seeing clients self esteem grow with their new smiles. 2004 was a rewarding year for Navin being voted Wellington's Best Dentist and an invitation to an exclusive course-dinner with Bill Dorfman from the hit television series Extreme Makeover.



Dr Rupika Arora

BDS (1996), MDS (2000)..Conservative Dentistry and Endodontics (India)

Dr Rupika Arora graduated in India in 1996 with a BDS (Bachelor of Dental Surgery) and then went on to do a MDS (Masters in Dental Surgery) which was completed in 2000. Rupika then obtained registration in New Zealand in 2009.

Rupika was born in India and has worked as a senior consultant in the Institute of Dental Science and Technology (IDST). Rupika is still a member of the IDST and is helping some of her students in their dental thesis work. Rupika has come to New Zealand for a life style change with her family.

Rupika has presented a number of papers to her colleagues in the dental field. Her main area of interest has been endodontics (root canal work) and cosmetic dentistry. Rupika has been practising as a specialist in endodontics in India for the last 8 years.

Her scope and range of work is extensive so you can be assured that Rupika will guide you in obtaining the best dental advice with regards to your dental health.

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Dr Omar Dawood

BDS. Otago University 2007

Omar joins the team bringing with him the technical skill which enables him to deal with a lot of the complicated surgical issues related to Dentistry. Omar finished his dental degree in Iraq in 2005 and then got registration in New Zealand in 2007

Omar has interests in all aspects of dentistry but his main focus has been on cosmetic work and to provide the best solutions for clients to enable them to keep their teeth.

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Hygienists Available



Janine Smits

Dip, Oral Hygiene (Netherlands)

Janine started her studies in the Netherlands and went on to graduate as a Dental Hygienist in Cape Town, South Africa in 2005. Janine's experience overseas and love of travel enables her to bring a fresh, vibrant approach to her work.

Janine is friendly, understanding and enthusiastic about the benefits of good dental hygiene. Janine's talent in the surgery enables her to share this vision with her patients.

During your first visit with Janine, a treatment plan will be set up that suits both your individual needs and aspirations, where an active maintenance recall can then be set accordingly.

We look forward to seeing you, where together we will be able to contribute significantly towards your overall health and well being.



Annette Jarvis

Dip, Oral Hygiene (Otago University)

Annette has been involved in the dental industry for a long time and has worked as a dental receptionist, dental assistant and in practice management. Her interests led her into taking the plunge and going down to Otago to further her career and become a registered hygienist.

Having Annette as a member has been important as she has a young family and can relate to all the pressures that people are put under during the day and yet we still have to find time to get into the routine of Oral hygiene which will pay big dividends when we get older and find that we all still have fully functional teeth which are trouble free.

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Hygienists Department

What is a hygienist?

A hygienist is responsible for looking after the gum (gingiva) that supports the teeth. Bleeding gums bleeding are a sign of gum disease. If this is left unchecked, it can result in the loss of bone and eventually your teeth. A hygienist has been trained to identify these areas and offer appropriate treatment.



Our hygiene department has been designed with you, the modern patient in mind. In today's environment, dentistry is a very involved process. We want to ensure that you look after your investment in your teeth and supporting structures, the gums.



Hygiene Services include:

- Computerised gum charting.
- HealOzone Advice.
- Implant, crown and bridge care.
- Fissure Sealants.
- Dietary Advice.
- Scale, Polish, Clean, Root Planing.
- Oral hygiene Instruction.
- Sports Mouthguards.
- Tooth Whitening.
- Cosmetic Dentistry Records.
- Laser Diagnosis.
- Saliva Testing.

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Services

The Services

- Cosmetic work
- Crowns
- Bridges
- Whitening in 1 hour
- Hygienists
- Root Canals
- Dentures (plastic and metal)
- White fillings
- Invisalign
- Mouthguards
- Veneers
- Cosmetic Bonding
- HealOzone
- ACC Work
- Emergencies
- Implants

We also have many more services,
Please do not hesitate to speak with a member of our friendly team.



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*Our practice continues to grow
by referrals from our patients.
Thank You for recommending us.*

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